azine Keature

MELPS FOR THE BIRTOR

BY LUCILLE DAUDET.

ACH night before you retire, plan just what work you have to do next day. You will get much more accomplished. After breakfast each morning take your pad and pencil and make out your menus for meals up until the next morning after breakfast. From this you can easily make out the list of groceries needed for the day and be saved any further worry.

Be systematic in your buying. Be sure to keep an expense account, jotting down all bills for meat, ice, milk. etc. This will save you many a dime for when you see you are running higher on one article than you did the previous week or month, you can cut down on that particular thing.

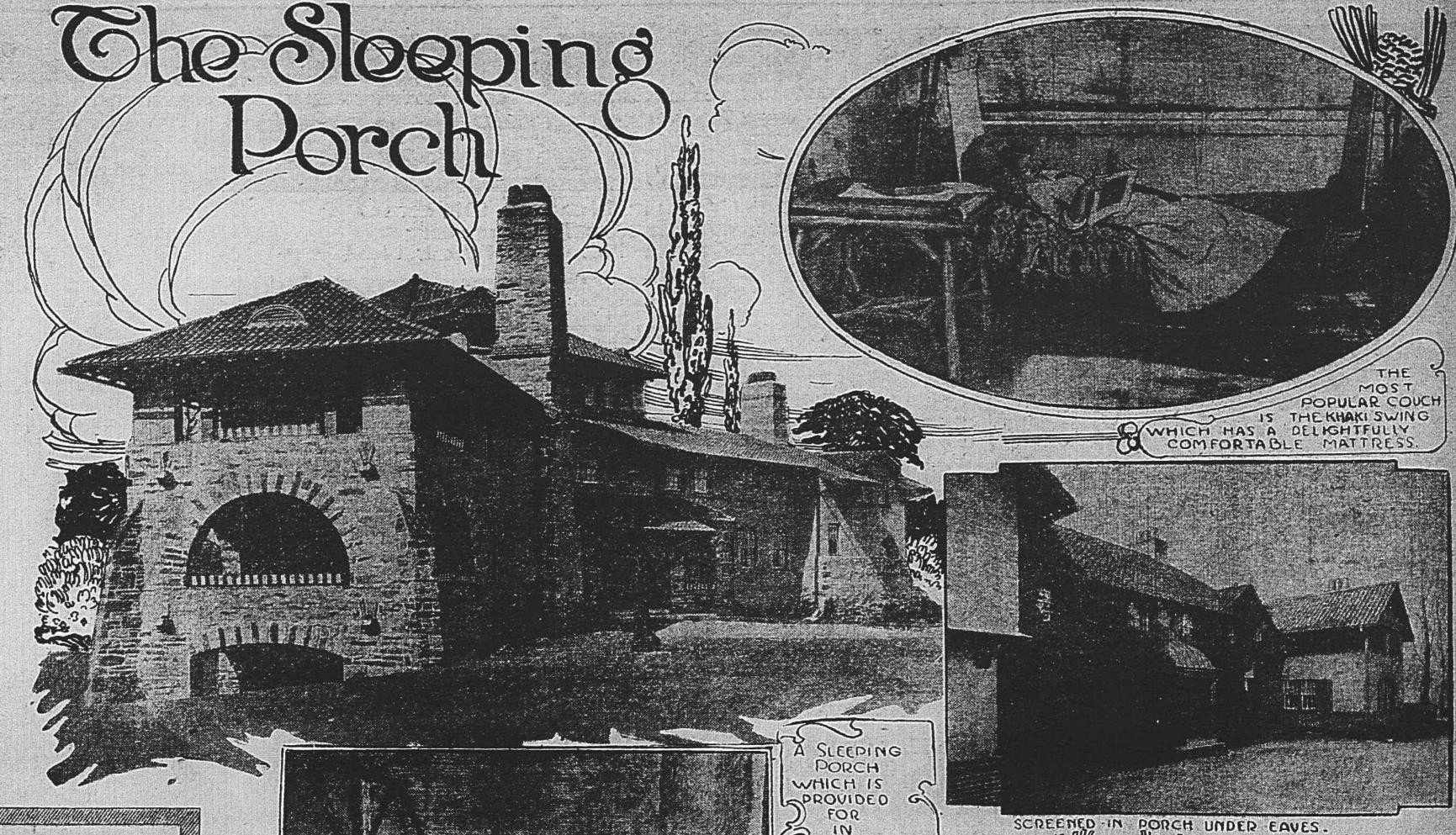
Remember, reducing the meat bill doesn't mean eliminating meat entire-ly from your bill of fare, but rather, using wisely a little in combination with less expensive foods and making it go a long ways.

Soak a pint of lima beans over night. Then cut a pound of beef into inch cubes, brown with sliced onious in three tablespoons of fat, stir ir two tablespoons flour, salt and pepper. Place in casserole a layer of beans, one of meat, one of tomatoes, and so on. Cover with boiling water and boil in slow oven for three hours.

Mix into three cupfuls mashed pota-toes, one and a half cups cooked sausage, pack into a mold and turn on to a platter that will stand oven heat. Pour sausage fat over this, dust with . cracker crumbs and brown. Surround with slices of onions that have been fried in deep fat and serve.

Cut the center from a large head of cabbage and boil until tender. Fill in the center with one pound of ham-burger and four sliced onions, well seasoned. Lay in a shallow baking dish well buttered. Cover with three cups tomatoes and bake for one hour in a quick oven.

Hollow out large tart apples and partly fill with sausage meat. Place in baking dish containing a little hot water and cook gently for an hour. basting frequently. Place potato balls. in baking dish and sprinkle with grated cheese. Over this pour a little melted butter and bake for ten minutes. Serve with creamed dried beef





hands will keep in a much better con- seen and is easily made. If desired, dition, as they will not have to wash wash paints may be used, which will hands without taking the time to per- becomes soiled. feetly dry them is more the cause of rough hands than anything else.

E all know how hard it is to keep the pantry looking neat. The spices and other articles you six compartments. Now get a 10cent can of paint, any color you want; fill up the kitchen.

elastic if you wish, and you have a serves the purpose admirably fine protection from the sharp knitting needles, by slipping a thimble over the end of the needles. It also prevents dropping of stitches when the work is lying unprotected in the work basket. All knitters know how easily the needles will slip out of the work, but by having one of these thimbles slipped on to each end of the needle this danger is obviated.

ERHAPS your old summer straw hat would do if you turned it wrong side out, as that generally gives the desired drooping shape; if it's not quite the shape you want steam it over steaming tea kettle. Then you can do with it what you please. As soon as the steam has dried, which is only a moment, your hat will be free from dust and have its original stiffness.

O make a painted table spread get one yard square white felt or other material of something the same nature. Trim the corners, beginning the trimming the paint is dry cut this four inch border up to the inner half inch strip painted with the burnt sienus, from the cloth directly to the center, in strips not to exceed one-eighth of an inch in width, thus formspace inside the border paint autumn makes a good finish.

housekeepers will give their leaves, variously arranged, not too pokers, shovels, and lifters, many, shading them well so as 'to and even broom handles a make them stand out from the surgood washing two or three face. This makes one of the prettiest times a week they will find their scarfs for a table or stand we have their hands so often. Washing the enable one to wash the drape when it

TTENTION of readers interested in amateur photography is travs, washing boxes, etc. One of the tidy. From your grocer get three which sprung a leak several inches large, strong egg cases. Nail these loug on one bottom corner and was firmly one on the other. This gives about to be consigned to the garbage can vas repaired with paraffin. The drippings from a common candle did then make a curtain (double) and put hox as good as new, It has been on rod. In one compartment have used on large and small enameled This cleans the pantry out and helps chipped off-iron rust being a foe to good results in photography. Good F you knit mittens and lace, buy at home of light wood, making the two small aluminum thimbles, joints as tight as possible and then puncture a small hole in each dipping in melted paraffin. Simply thimble near the rim, and sew light a candle and hold it so that it a thimble on each end of one-eighth will melt and drop where you want of a yard of narrow silk elastic. Tie it: it hardens instantly, and as cold a bow of bright ribbon in center of solutions are used in photography it

CORH HUSK DOLLS

HE husks should be gathered in the fall when the corn is family ready to start on a two-days' ripe, before they become hard notice. and brittle, though dry ones through anywhere it is necessary to donned when the journey was over. of husks are wound closely and pinned charge of his or her own comb, brush to the body for arms. After having and tooth brush, and was supposed to the feet and the sides. wound a few extra strips across the know in which bag or suitcase it was curiously the fact is sometimes lost especially a victim of advanced tubershoulders to make the requisite packed.

After having and tooth brush, and was supposed to the feet and the sides.

Curiously the fact is sometimes lost especially a victim of advanced tuberbeen sifted twice, add one-half teasight of that the inroads of the tuculosis. about four inches back from the point a smooth pieces of high a smooth pieces about four inches back from the point a smooth pieces of husk and the eyes. reserved for his or her playthings. distant points without warmth from into the sputum flask, each repression of draw a faint line as a guide one- nose and mouth marked with a pon This is quite necessary, as children without. half inch from the margin all around and ink (painted) or with a pencil. A soon tire of sitting still and looking The patient's flesh must be kept step. the square. Paint this half inch little carmine is put on the cheeks to out of the window, but the selection of warm and comfortable and the pure. A quick inhalation in a contrary dispace any bright color. Four inches give flush of health. Some of the best toys for the trip was most interesting, fresh air and sunlight must on its side rection will stop the cough, the loss from the margin draw another faint husks are selected for the dress. Two Everything breakable was prohibit be warmed to a point that will not of energy which accompanies it and from the margin draw another failt the draw another failt was a specific to the draw another failt was tracing line entirely around the full widths of husks are used for ed, for broken toys always bring/forth lower the temperature of the weak- the internal and external scattering smooth, and rest of milk and water, ter, two tablespoonfuls of sugar, one of more microbes of this malicious smooth, and rest of milk and water, ter, two tablespoonfuls of sugar, one square and one-half inch inside of drapery in the black, the joint being howls of sorrow and regret, and one's ened lung fabric. this make the second tracing line fastened with pins under the folds. A fellow passengers had to be consid- Under the pillow of the bed cover- malady. Paint the half inch space between full draped apron front covers the cred. these two last named tracing lines a front and sides. The waist is belted For the older children there was Mitchell porchet—two adjustable de- ble salt in those who are anaemic burnt sienna. In the four inch space in with a strip of husk and fastened generally a book or two, and some- vices for sleeping indoors or outdoors or tuberculous, so the extra use of between the two half inch painted with a belt. A bunch of dry silk is times a book of fairy tales for gen- in pure air and warmth—there should salt helps to loosen the sputum and stripes paint round spots about one- fastened on the head for hair, falling eral reading was added. Dolls, with be a water-tight pocket flask of un- help the blood. half inch in diameter, and make them loosely at the back to the waist. The the exception of the favorite rag or breakable metal to use for the etern- Hot orangeade also stops violent, half inch in diameter, and make them loosely at the black to the waist. The the exception of the lavorite rag of breakable metal to dee for the exception of the lavorite rag of breakable metal to dee for the exception of the lavorite rag of breakable metal to dee for the exception of the lavorite rag of breakable metal to dee for the exception of the lavorite rag of breakable metal to dee for the exception of the lavorite rag of breakable metal to dee for the exception of the lavorite rag of breakable metal to dee for the exception of the lavorite rag of breakable metal to dee for the exception of the lavorite rag of t

called to the many uses of paraffin in the repairing of better grade zinc washing boxes TO the work in two minutes, making the spices; in another all articles that print and plate trays to cover rust ple as a great hardship, and come in bags, like beans, rice, etc. spots where the enamel had been even an impossibility; but one mothtrays for prints or plates can be made

BY EDNA EGAN. RAVELING with children, especially any distance, is regard-

AMUSE

THE MAJORITY OF PEOPLE WHO SLEEP ON PORCHES IN

THAT THEY CONTINUE

DURING THE WINTER.

CHILDREN

SLEEPING OUT OF DOORS

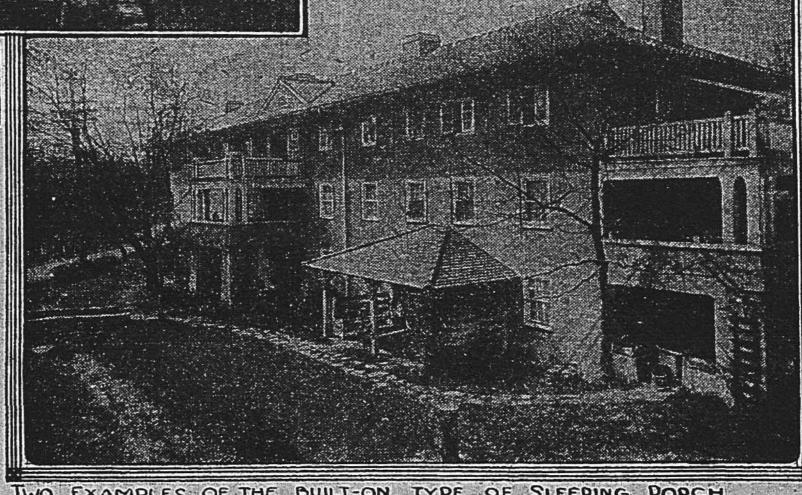
SUMMER ARE SO DELIGHTED

ple as a great hardship, and er of seven, who traveled every summer from a city in the middle West to New York, a journey of from two to two and half days, used to regard the trip as a joyous adventure, and because she was that sort of a mother the children regarded it as an adventure, too, and had the most joyous of good times every minute of the jour-The children were like steps of

stairs and when they and their mother, their nurse and their pet Skye terrier piled into the train it looked as if they were going to take possession of the entire car. Of course, some preparations had to be made beforehand, but so accustomed was the mother to these jour-

water. A corncob is used for a foun- Russian blouses of dark blue or dation for the body. Measure and brown, but even these serviceable mark the waist line. Below this wind clothes got dirty and mussed on a long layer after layer of husks, leaving railroad journey, so one large suit them full size and fluffy at hottom, case contained a complete change of but cutting out gores at the top so as clothes for each child, with a stiff to make it shapely, Stick a pin starched white dress or suit to be

- tacitly forbidden on the train.



ARCHITECTS PLANS

TWO EXAMPLES OF THE BUILT-ON TYPE OF SLEEPING PORCH.

J'IRELESS CHADIES

LACE NUTS-Make a fondant with four coups of powdered sugar, the beaten white of one egg, and a cup of syrup from canned pineapple. Stir this mixture until it is creamy, adding more powdered sugar if necessary. Then place the mass in a wet napkin and knead thoroughly, then turn onto a greased platter and cut into tiny squares. Use whole nut meats and mold the pieces of fondant around them. Roll some of these in powdered sugar, some in colored sugar and some in cocoa and others in grated nut meats and shredded cocoanut.

Glace Fruits-Make a fondant as described above and mold the squares about cubes of pineapple. marashina cherries, canned plums, dates, raisins. figs, etc. Roll these in grated nut meats.

Chocolate Creams-Beat one-half pint of cream very stiff and add enough powdered sugar to make a still creamy mixture. Flavor this with rose extract and knead in a wet napkin. Mold bits of this in cone shapes and roll each in grated chocolate. The creamy mixture should be soft enough to allow the chocolate to adhere readily.

Butter Carameis-Beat three cups brown sugar into one cup of butter. Add a half cup of broken walnut meats, a half cup of chopped dates and enough white sugar to make a stiff mixture. Mold in squares and

roll in shredded cocoanut.
Pineapple Creams—Beat the white of one egg very stiff and add one-half cups of honey and four cups of powdered sugar.

FOR TUBERCULAR PATIENTS

BY MRS. McCUNE. neys that she could have the whole NE of the neglected, yet prime with lavishly abundant coverings.

In the near zero nights and days Cool water showers-not ice coldthere should be a frame to keep these and washes also reduce the pestifersuperabundant covers from weighing ous perspiration. down the chest and abdomen, but Every fly, mosquita, moth or other these must be carefully tucked in at insect must be kept religiously from

breadth a bit of cotton is laid over the It was the same with the toys, and hercle bacillus have made the blood. The inclination to cough, too, is not then fold in the flour that has been end of the cob for the head, shaping as each member of the family had a par- so poor in quality that it cannot car- to be encouraged. Unless there is sifted four times. Bake about forty

ed by a Knopf window tent, or a There is always a deficiency of ta-

motherly, yet, mistaken devices for when steamed from a kettle.

The patient should be kept warm requisites in the care of pro- rather by hot bricks, hot bottles, and gressive tuberculisis is abso- heavy covers which are kept above : could be softened by faying them in in dark clothes, generally sailor or abundant, pure, pleasant air; cold, bit- should be changed at least twice a day. ing air is the straw that breaks the The use of cottonseed oil or white sufferer's back and must be avoided. vaseline upon the skin will prevent Two beds are also necessary. One much of the dust and dirt which infor the day time and one for the night, cite the rebellious skin to perspire enough to wash itself clean.

the room of any one with a cough, tartar; beat in the sugar that has

of a prospective cough is a helpful

eighth of an inch in width, thus form- husk brought round the neck and tied had to be all carefully cut out before losis are increased by underwear, pa- on a handkerchief, for ten minutes' half teaspoonful of ground ginger, is excellent with roasts or meats of ing a string border. On the interior in neat bow hides all rough edges and going on the trip, for scissors were jamas, heavy finnels and similar use, is sopthing. This is also good one-half teaspoonful allspice, two tea- almost any variety; also for saud-

Angel Food-Whites of ten eggs, one cupful of flour, one and one-quarter cupfuls of sugar, one-half teaspoon-ful of cream, pinch of salt. Beat the whites stiff, adding the salt and cream

Graham Griddle Cakez-Warm, one order given, beating well, pour into a pint of milk and one pint of water put pie tin lined with rich pastry, and five teacupfuls of graham flour and two cupfuls of wheat flour, one sugarlastly one cup of yeast. In the morn-tablespoonful of flour, one-half tening take out one cupful of batter before adding one-half teaspoonful of solts and one spoonful of soda dissolved in a little water. Every night mix two-thirds graham and one-third flour, according to the amount desired; add milk once in awhile when tablespoonful of hour, har-half teaspoonful of salt, one-half teaspoonful of mustard, one-quarter teaspoonful of mustard, one-quarter teaspoonful of mustard, one-quarter teaspoonful of mustard, one-duarter teaspoonful of salt, one-half teaspoonful of mustard, one-duarter teaspoonful of salt, one-half teaspoonful of mustard, one-quarter teaspoonful of mustard, one-duarter teaspoonful o sired; add milk once in awhile when Good as any dressing made with oil.

spoonfuls cinnamon, one teaspoonful wich



vanilla, a little grated nutmeg, and half pint of cream, together with half pint of milk. One pint of milk may be used instead of cream. Mix in the

Mayonnaise Dressing-Yolks of ten